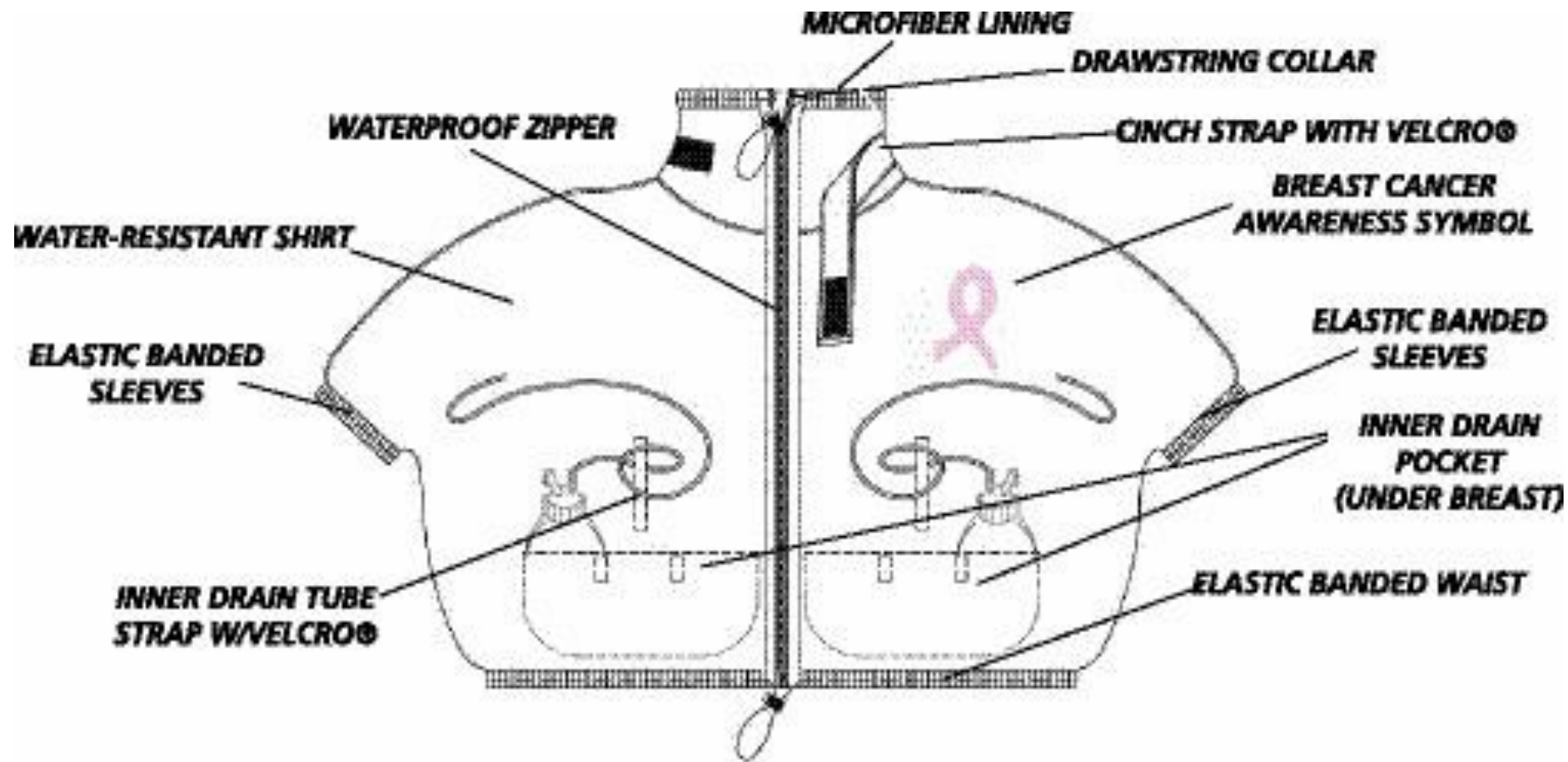


The
SHOWER
SHIRT™





Within four weeks of Mastectomy we had designed The **SHOWER SHIRT®** schematic



Within eight weeks of Mastectomy we had created
The SHOWER SHIRT® prototype



The
SHOWER
SHIRT™



The
SHOWER
SHIRT™



The
SHOWER SHIRT[™]



WUSA★9

A. B. GREENEY • CBS AFFILIATE





Elaine Schattner
Contributor

[FOLLOW](#)

I write on cancer, medical news and our changing culture of health
[full bio →](#)

Opinions expressed by Forbes Contributors are their own.



Comment

↑ CONFERENCES AND MORE

PHARMA & HEALTHCARE | 5/10/2015 @ 7:00AM | 11,069 views

'Shower Shirt' Takes Innovation Prize, Enables Women To Shower After Mastectomy

[+ Comment Now](#) [+ Follow Comments](#)

Sometimes a simple, low-tech device can improve the quality of patients' lives. The [Shower Shirt](#), designed so that women can safely shower after mastectomy, is a perfect example. The device took its inventor, Lisa Crites of Cocoa Beach Florida, to second place at the U.S. Small Business Association's 2015 [InnovateHER Challenge](#) in Washington DC. The contest was sponsored by Microsoft.

For some women who have mastectomy, one of the most unpleasant aspects is not being able to shower. With chest bandages and tubes draining fluid, a good wash-up can be refreshing. But many breast surgeons advise patients not to let non-sterile water run directly over the drains sites. Typically, the flexible tubes with bulbous endings are in place for one to three weeks. To get around this restriction, women wear large-sized trash bags cut with holes to accommodate the head and arms. The "garbage bag method" has been ongoing for decades.

Next Post





How I Turned My Breast Cancer Into A Positive Way To Help Others'

VOICES ^{OF} STRENGTH

Lisa F. Crites: The inventor of The SHOWER SHIRT is a former Broadcast Journalist with nearly 25 years in Corp. Healthcare Communications & Media Strategy.

Call it clairvoyance or pure coincidence, but from the age of 15, I was confident I would face at least two extreme traumas in my life; my mother would die tragically and I, at some point, would be diagnosed with breast cancer. During my teen years, sometimes I would wake up in hysterics that my mom perished in a car crash, only until I realized it was a dream. In my early 30s, and two weeks after getting married, I did lose my mother in a car accident. She was ejected from her vehicle and pronounced dead on scene. Though I always felt this would happen, one can never prepare for such a traumatic incident. I had no control over the accident, her death, or my emotions from the loss. I was obviously in shock and exponentially sank into a severe depression.

The inventor of The SHOWER SHIRT is a former Broadcast Journalist with nearly 25 years in Corp. Healthcare Communications & Media Strategy.





The
SHOWER
SHIRT™



The
SHOWER
SHIRT™

منصة ابتكارات المرضى
Patient Innovation Platform

اللقمة الثانية للندوات

الأولى





The
SHOWER
SHIRT™